

# Men's Health Event

Get some fast, free information about how you can take the first steps to improve your health.

- men's health presentation delivered by one of LiveWire's Lifestyles Advisors
- find out about LiveWire's lifestyles services
- free blood pressure check and weigh-in on request
- lots of health books to borrow



Monday, 20 November	from 6:30 p.m. – 7:30 p.m.	Orford Library Jubilee Way, Orford WA2 8HE
Wednesday, 22 November	from 6:30 p.m. – 7:30 p.m.	Padgate Library Insall Road, Padgate WA2 0HD

Places are free to all men and their families and friends.

Simply visit or telephone your local Warrington library to reserve a free ticket or you can turn up on the night.

For more information please contact  
Chris on 01925 912622 or Wendy on 07730075966



[livewirewarrington.co.uk](http://livewirewarrington.co.uk)

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